

IHA MENTAL HEALTH RESOURCES

Child and Youth Crisis Response Teams

[Parkview Child and Adolescent Mental Health Centre](#)

Description: provides services to the emergency department within Royal Inland Hospital for the treatment and assessment of children and youth for behavioural and emotional challenges, and for those in need of admission to the pediatric in-patient psychiatry unit.

Catchment: Thompson Caribou catchment area

Ages: 7- 18

Service hours:

- Monday – Friday: 8:30 a.m. – 4:30 p.m.

Contact:

- 250-314-2122

Referrals:

- Required from general practitioner or pediatrician

Community Programs

[Child and Youth Mental Health \(CYMH\) Teams](#)

Description: provide services such as intake, assessment, treatment, case management, and consultation. Many offices now offer a drop-in intake clinic (no referral required) during specific days of the week. **Referrals from health care providers accepted; youth and families can self-refer.**

[Foundry Kelowna](#)

Description: Foundry Kelowna provides youth access to someone to talk to, care providers for any health need, and friendly experts to help navigate health and social services/resources/programs.

Catchment: Kelowna

Ages: 12-24

Eligibility:

- N/A (youth can visit the Foundry Centre in-person)

Service Hours:

- Monday – Friday: 9:00am – 5:00pm
- Drop in Counseling Hours: Monday-Friday 2:00pm-5:00pm

Contact:

- (236)-420-2803

Referrals:

- Youth may self-refer; referrals are also accepted from family physicians, health care providers, and other community services

